

# FOALING MONITOR SHEET

## MARE HISTORY INFORMATION:

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Number of Previous Foals: \_\_\_\_\_

Problem with Previous Foals: \_\_\_\_\_

Breeding Date: \_\_\_\_\_

Date of Ovulation: \_\_\_\_\_

Expected Due Date: \_\_\_\_\_

Last Vaccination: \_\_\_\_\_

Last Deworming: \_\_\_\_\_

Health Concerns: \_\_\_\_\_

## FOALING MONITORING:

Water Broke: \_\_\_\_\_

Foal Born: \_\_\_\_\_

Foal Stood: \_\_\_\_\_

Foal Nursed: \_\_\_\_\_

Placenta Passed: \_\_\_\_\_

## TEST RESULTS:

### Brix Refractometer Reading (for colostrum):

\_\_\_\_\_ %

Brix:

0-15% = Poor quality

15-20% = Borderline quality

20-30% = Adequate quality

>30% = Good quality

Foal IgG: \_\_\_\_\_ mg/dL

IgG Levels:

<400 mg/dL = Low

400-800 mg/dL = Partial Failure

800 mg/dL = Appropriate

## FOALING KIT CHECKLIST



- ☐ Clean tail bandage
- ☐ Umbilical disinfectant
- ☐ Brix refractometer
- ☐ Clean towels
- ☐ Warm water and gentle liquid soap
- ☐ Scissors
- ☐ Gloves
- ☐ +/- Umbilical clamp or ties
- ☐ +/- Enema
- ☐ Other \_\_\_\_\_
- ☐ Other \_\_\_\_\_

## Remember the 1-2-3 POST-FOALING RULE

- 1** The foal should **stand within one hour** of delivery.
- 2** The foal should **show ability to nurse within two hours** of delivery.
- 3** The foal should **pass meconium and the mare should pass the placenta within three hours** of delivery.

## STAGES OF LABOR:

1. Preparation: Mare will be restless, sweating, and repeatedly getting up and down. Can appear similar to colic signs. Ends when the mare's water breaks (rupture of chorioallantois). Generally lasts up to 4 hours.
2. Active Foaling: The bag should be white; **If red, please call the veterinarian immediately.** Hooves should be visualized first (one slightly ahead of the other). Should not last longer than an 1 hour; **If 20 minutes and no progress has been made, please call your veterinarian.**
3. Passing Placenta: Mild abdominal discomfort is normal. Call your veterinarian if severe colic signs or excessive bleeding. Save placenta for veterinary evaluation. **If placenta has not passed within 3 hours, please call your veterinarian. DO NOT PULL OUT PLACENTA.**